

What's In Our Freeze Dried Candies

Nutrition Facts

2.2 servings per conta	iner
Serving size	(71g)
Amount Per Serving Calories	284
	% Daily Value*
Total Fat 2.85g	3.5%
Saturated Fat 2.85g	14.2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 22mg	.7%
Total Carbohydrate 63g	23%
Dietary Fiber 1.4g	6%
Total Sugars 55g	

Not a significant source of vitamin D, calcium, iron, and

Protein Oa

Includes 55g Added Sugars 110%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice

Nutrition Facts

Amount Per Serving

Saturated Fat 0.5g

Total Carbohydrate 25g

Dietary Fiber 0g

Total Sugars 15g

Calories

Trans Fat 0g

Cholesterol 0ma

Sodium 150mg

Protein 0g

Total Fat 1.5g

2.5 servings per container

Serving size .5 Ounces (15g)

36

3%

0%

7%

9%

0%

% Daily Value*

CANDIECUBES!

INGREDIENTS: SUGARS, GLUCOSE SYRUP, HYDROGENATED VEGETABLE OIL, GUM ARABIC, ACETYLATED DISTARCH ADIPATE, STARCH SODIUM OCTENYL SUCCINATE CITRIC ACID, DL-MALIC ACID, SODIUM CITRATE, LACTIC ACID, LECITHIN, MONO-GLYCERIDE, TITANIUM DIOXIDE, CARNAUBA WAX, MALTODEXTRIN, FLAVORINGS, COLORS: TARTRAZINE ALUMINIUM LAKE (E102). ALLURA RED AC ALUMINIUM LAKE (E129), BRILLIANT BLUE FCF ALUMINIUM LAKE (E133), SUNSET YELLOW FCF ALUMINUM LAKE (E110), INDIGOTINE ALUMINIUM LAKE (E132)

CONTAINS: SOY. PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND

INGREDIENTS: CORN SYRUP, SUGAR, VEGETABLE OIL, (SUNFLOWER OIL OR COCONUT OIL) MALIC ACID, SODIUM CITRATE, CONTAINS 1% OR LESS OF EGG WHITES, NATURAL AND ARTIFICIAL FLAVORS, SALT, COLORS (RED 3, BLUE 1, YELLOW 5, RED 40)

FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS

Tangy Melt'Awayz

CONTAINS: EGG. PRODUCED IN A

Nutrition Facts 2.5 servings per container

Includes 15g Added Sugars

Not a significant source of vitamin D, calcium, iron, and potassium The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

.5 Ounces (15g) Serving size

Calories	36
	% Daily Value

Calories	30
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 16g	
Includes 16g Added Sugar	rs 32%
Protein 0a	

Not a significant source of vitamin D, calcium, iron, and

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Red Hots Melt'Awayz

INGREDIENTS: CORN SYRUP, SUGAR, VEGETABLE OIL, (SUNFLOWER OIL OR COCONUT OIL), CONTAINS 1% OR LESS OF: EGG WHITES, SALT, ARTIFICIAL FLAVOR, RED 40, SOY LECITHIN, (AN EMULSIFIER)

CONTAINS: EGG, SOY PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS

Nutrition Facts

2 servings per container

Serving size Approx. 3 pieces (27g)

90

Amount Per Serving Calories

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 24g	9%
Dietary Fiber 0g	0%
Total Sugars 19g	
Includes 19g Added Sugars	38%
Protein 1g	

Not a significant source of vitamin D, calcium, iron, and

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Sour Swirls

INGREDIENTS: CORN SYRUP, SUGAR, WATER, FISH GELATIN, CITRIC ACID, MALIC ACID, LACTIC ACID, SODIUM LACTATE, SODIUM MALATES, ARTIFICIAL FLAVORS, COLORS (YELLOW 5, YELLOW 6, RED 40, BLUE 1)

CONTAINS: FISH PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS

Nutrition Facts

2 servings per container Serving size Approx. 3 pieces (27g)

Amount Per Serving

Calories	90
	6/ Bally Valuet

	,
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 28g	10%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 22g Added Sugars	44%
Protein 2g	

Not a significant source of vitamin D, calcium, iron, and

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Peach Puffs

INGREDIENTS: CORN SYRUP, SUGAR, WATER, FISH GELATIN, CITRIC ACID, LACTIC ACID, SODIUM LACTATE, PECTIN, ARTIFICIAL FLAVOR, COLORS (YELLOW 6, RED 40)

CONTAINS: FISH PRODUCED IN A FACILITY THAT PROCESSES MILK. SOY, EGGS, FISH AND NUTS



Phone: (888) 531-7074 orders@goldathletics.com

www.GoldAthletics.com



What's In Our Freeze Dried Candies

Nutrition Facts

2.5 servings per container Serving size (28.5g)

Amount Per Serving Calories

120

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.4g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 88g	32%
Dietary Fiber 0g	0%
Total Sugars 46g	
Includes 46g Added	Sugars 92%

Protein 0g

Not a significant source of vitamin D, calcium, iron, and potassium

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CandieMallows

INGREDIENTS: GLUCOSE POWDER, SUGAR, GLUCOSE SYRUP, WATER, FISH GELATIN, CORN STARCH, CITRIC ACID, MALIC ACID, FLAVOR, CARNAUBA WAX, COLOR (RED 40, BLUE 1, YELLOW 5, YELLOW 6)

CONTAINS: FISH
PRODUCED IN A FACILITY THAT
PROCESSES MILK, SOY, EGGS,
FISH AND NUTS

Nutrition Facts

2.5 servings per container
Serving size .5 Ounces (15g)

Amount Per Serving Calories

60

	% Daily Value*
Total Fat .75g	1%
Saturated Fat .25g	1.5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3.5%
Total Carbohydrate 12.5g	4.5%
Dietary Fiber 0g	0%
Total Sugars 7.5g	
Includes 7.5g Added Su	gars 15%

Protein 0g

Not a significant source of vitamin D, calcium, iron, and potassium

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Wild Cherry

INGREDIENTS: CORN SYRUP, SUGAR, VEGETABLE OIL, (SUNFLOWER OIL OR COCONUT OIL) MALIC ACID, SODIUM CITRATE, CONTAINS 1% OR LESS OF EGG WHITES, NATURAL AND ARTIFICIAL FLAVORS, SALT, COLORS (RED 3, BLUE 1, YELLOW 5, RED 40)

CONTAINS: EGG. PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS

Nutrition Facts

2.5 servings per container

Serving size .5 Ounces (15g)

Amount Per Serving Calories

60

Calories	UU
- %	Daily Value*
Total Fat .75g	1%
Saturated Fat .25g	1.5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3.5%
Total Carbohydrate 12.5g	4.5%
Dietary Fiber 0g	0%
Total Sugars 7.5g	
Includes 7.5g Added Sug	ars 15%
Protein 0g	
Not a significant source of vitamin D. calc	ium iron and

lot a significant source of vitamin D, calcium, iron, and otassium

The % Daily Value (DV) tells you how much a nutrien in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Mixed Berry

INGREDIENTS: CORN SYRUP, SUGAR, VEGETABLE OIL, (SUNFLOWER OIL OR COCONUT OIL) MALIC ACID, SODIUM CITRATE, CONTAINS 1% OR LESS OF EGG WHITES, NATURAL AND ARTIFICIAL FLAVORS, SALT, COLORS (RED 3, BLUE 1, YELLOW 5, RED 40)

CONTAINS: EGG. PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS

Nutrition Facts

2.5 servings per container
Serving size .5 Ounces (15g)

Amount Per Serving Calories

60

	% Daily Value*
Total Fat .75g	1%
Saturated Fat .25g	1.5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3.5%
Total Carbohydrate 12.5g	4.5%
Dietary Fiber 0g	0%
Total Sugars 7.5g	
Includes 7.5g Added Su	gars 15%
Protein 0g	

Not a significant source of vitamin D, calcium, iron, and potassium

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Granny Smith

INGREDIENTS: CORN SYRUP, SUGAR, VEGETABLE OIL, (SUNFLOWER OIL OR COCONUT OIL) MALIC ACID, SODIUM CITRATE, CONTAINS 1% OR LESS OF EGG WHITES, NATURAL AND ARTIFICIAL FLAVORS, SALT, COLORS (RED 3, BLUE 1, YELLOW 5, RED 40)

CONTAINS: EGG. PRODUCED IN A FACILITY THAT PROCESSES MILK, SOY, EGGS, FISH AND NUTS