Popinsanity GOLD ATHLETICS

What Our Popcorn Is Made Of

Apples and Honey



SEASONAL FLAVOR

Ingredients: sugar, kettle corn mix (corn syrup solids, sugar, vanillin, titanium dioxide (color)), popcorn, water, coconut oil, apple flavor (propylene glycol, artificial flavors, triacetin), honey flavor (propylene glycol, alcohol, artificial flavors, invert sugar, glycerin, malt syrup), soy lecithin (soybean oil, soy lecithin)

Contains: soy, coconut

Nutrition Facts Serving Size: 1/2 cup (28g)

Serving Size: 1/2 cup (28g) Servings Per Container: 12

% Daily	Value'
Total Fat 3.5g	5%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 20g	7%
Dietary Fibers <1g	4%
Sugars 11g	
Protein 1g	
Vitamin A 0% • Vitamin C	0%
Calcium 0% • Iron	2%

*Percent Daily Values (DV) are based on a 2,000

Caramel Chocolate Drizzle



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), chocolate drizzle (sugar, cocoa, palm kernel oil, lecithin, salt, natural and artificial flavors), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), soy lecithin (soybean oil, soy lecithin), sea salt

Contains: soy, coconut

Nutrition Facts

Serving Size: 1/2 cup (28g)

Amount Per Serving

Trans Fat 0g

Calories 160 Calories from Fat 50

 % Daily Value*

 Total Fat 6g
 9%

 Saturated Fat 5g
 25%

0%

7%

9%

4%

Cholesterol Omg Sodium 170mg

Total Carbohydrate 27g

Dietary Fibers 1g Sugars 15g

Protein 1g

Vitamin A 4% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Nutrition Facts

Serving Size: 1/2 cup (28g)

Calories 1	60 C	alı	ories from	Fat 45
			% Daily	Value'
Total Fat	5g			8%
Saturate	ed Fa	t 4	.5g	23%
Trans Fa	at Og			
Cholester	ol On	ng		0%
Sodium 1	40mg	J		6%
Total Carl	ohyd	Ira	ite 28g	9%
Dietary	Fiber	s «	<1g	4%
Sugars	15g			
Protein 1	g			
Vitamin A	4%	•	Vitamin C	0%
Calcium	0%		Iron	2%

Blueberry Scone



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), white chocolate coating (sugar, palm kernel oil, titanium dioxide, lecithin, salt, natural and artificial flavors), popcorn, water, coconut oil, blueberry jammy bits (fruit [blueberries, apples], sugar, glucose-fructose syrup, rice flour, pectin, palm kernel oil, citric acid, natural flavor, citrus fiber), natural lemon oil, blueberry flavor (propylene glycol, natural flavors, alcohol), seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), soy lecithin (soybean oil, soy lecithin)

Contains: soy, coconut



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Nutrition Facts

Serving Size: 1/2 cup (28g)

Amount Per Serving Calories 150 Calories from Fat 60 % Daily Value*

Total Fat 6g 9% 23% Saturated Fat 4.5g Trans Fat 0g

Cholesterol Omg Sodium 120mg 5% Total Carbohydrate 25g 7% 4%

0%

0%

Dietary Fibers <1g Sugars 12g

Protein 1g Vitamin A 2% • Vitamin C

Calcium

0% • Iron *Percent Daily Values (DV) are based on a 2,000 calorie diet.

Chocolate Peanut



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), chocolate drizzle (sugar, cocoa, palm kernel oil, lecithin, salt, natural and artificial flavors), peanut bar (sugar, palm kernel oil, peanut flour, lecithin, natural & artificial flavors), popcorn, water, coconut oil, peanuts, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), soy lecithin (soybean oil, soy lecithin), sea salt

Contains: peanuts, soy, coconut

Cinnamon Baked Apple



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, sovbean oil to prevent caking), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), apple flavor (propylene glycol, artificial flavors, triacetin), cinnamon, soy lecithin

Contains: soy, coconut, pecan

Nutrition Facts

Serving Size 1/2 cup (28a)

Amount Per Serving

130 Calories

% Daily Value Total Fat 3.5g 4% Saturated Fat 2.5g 13% Trans Fat 0g 0% Cholesterol Oma

Sodium 170ma 7% Total Carbohydrate 25g 9%

Dietary Fibers 1g 4% Total Sugars 12g

Includes 10g Added Sugars 20% Protein 1g

Vitamin D 0.03mcg 0% Calcium Omg 0% Iron 0.7mg 2% Potassium 30mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Facts

Serving size 1/2 cup (28g) Amount Per Serving

Calories % Daily Value* Total Fat 3.5g

Saturated Fat 3g

Protein 1g

Potassium 20mg

0%
1%
7%
3%
20%

Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0.2mg 2%

The % Daily Value (DV) tells you how much a r serving of food contributes to a daily diet. 2,000 ca is used for general nutrition advice.

Sweet and Salty



Ingredients: sugar. kettle corn mix contains: (corn syrup solids, raw sugar, sodium acid pyrophosphate), popcorn, water, coconut oil, sov lecithin, sea salt

Contains: soy, coconut

Peppermint Hot Chocolate

Ingredients: sugar, white chocolate coating (sugar, palm kernel oil, titanium dioxide, lecithin, salt, natural and artificial flavors), marshmallows (corn syrup, sugar, dextrose, modified food starch (corn), water, kosher fish gelatin, natural and artificial flavor, tetrasodium pyrophosphate, fd&c blue #1), chocolate coating (corn syrup solids, sugar, cocoa, soy lecithin, artificial flavor, sodium acid pyrophosphate), popcorn, water, peppermint candy (cane sugar, corn syrup, peppermint oil, red 40), coconut

oil, peppermint oil

Contains: soy, coconut, fish gelatin

Nutrition Facts

1/2 cup (28g) Serving size

Amount Per Serving

Calories 100

Total Fat 2.5g Saturated Fat 2g 10% Trans Fat 0g

Cholesterol 0mg 0% Sodium 5mg 0% Total Carbohydrate 20g 7% Dietary Fiber <1g 3%

24%

0%

0%

2%

0%

Total Sugars 12g Includes 12g Added Sugars

Iron 0.4mg

Potassium 30mg

Protein 1g Vitamin D 0mcg Calcium 0mg

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Cinnamon Swirl



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oi to prevent caking), white chocolate coating (sugar, palm kernel oil, titanium dioxide, lecithin, salt, natural and artificial flavors), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), cinnamon, soy lecithin (soybean oil, soy lecithin) calorie diet. Contains: soy, coconut

		_	up (28g)	
Amount Per	Servin	g		
Calories 1	50 C	al	ories from	Fat 4
			% Daily	Value
Total Fat	5g			16%
Saturat	ed Fa	t 4	.5g	5%
Trans F	at Og			
Cholester	ol Or	ng		1%
Sodium 1	60mg	j		3%
Total Carl	ohy	dra	ite 27g	2%
Dietary	Fibe	s i	lg	0%
Sugars	14g			
Protein 1	g			
Vitamin A	4%	•	Vitamin C	0%
Calcium	0%		Iron	2%

Classic Caramel



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), soy lecithin (soybean oil, soy lecithin), séa salt

Contains: soy, coconut

Nutrition Facts Serving Size: 1/2 cup (28g)

Amount Per Serving	
Calories 130 Calories from	Fat 30
% Daily	Value*
Total Fat 3.5g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 180mg	8%
Total Carbohydrate 25g	8%
Dietary Fibers <1g	3%
Sugars 12g	
Protein 1g	
Vitamin A 4% • Vitamin C	0%
Calcium 0% • Iron	2%

*Percent Daily Values (DV) are based on a 2,000

Cookies and Cream



Ingredients: sugar, kettle corn mix contains: (corn syrup solids, raw sugar, sodium acid pyrophosphate), popcorn, white chocolate coating(sugar, palm kernel oil, titanium dioxide, lecithin, salt, natural and artificial flavors), water, sandwich cookies (enriched wheat flour(niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, shortening (palm oil, canola oil, modified palm oil), cocoa powder(processed with alkali), cornstarch, corn syrup, salt, baking soda, soy lecithin, vanillin, artificial flavor), coconut oil

Contains: wheat, soy, coconut

Nutrition Facts

Serving size 2/3 c	up (32g)
Amount Per Serving Calories	150
% I	Daily Value*
Total Fat 5g	6%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars 15g	
Includes 14g Added Sugars	28%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Potassium 20mg

Party Time



Ingredients: sugar, kettle corn mix contains: (corn syrup solids, raw sugar, sodium acid pyrophosphate), white chocolate coating (sugar, palm kernel oil, titanium dioxide, lecithin, salt, natural and artificial flavors), popcorn, water, coconut oil, sprinkles (sugar, rice flour, partially hydrogenated vegetable oil (soybean, cottonseed), corn starch, cellulose gum, carageenan, fd&c yellow #5, #6, red #3, blue #1, blue #1 lake), artificial flavor, soy lecithin

Contains: soy, coconut

Serving size 1/2 c	up (28g)
Amount Per Serving Calories	130
% I	Daily Value*
Total Fat 5g	6%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber <1g	3%
Total Sugars 13g	
Includes 12g Added Sugars	24%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%

Nutrition Facts

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Iron 0.2mg



S'mores



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), chocolate drizzle (sugar, cocoa, palm kernel oil, lecithin, salt, natural and artificial flavors), popcorn, water, marshmallows (corn syrup, sugar, dextrose, modified food starch (corn), water, fish gelatin, natural and artificial flavor, tetrasodium pyrophosphate, blue 1), cinnamon cracker (whole wheat flour, sugar, rice flour, canola oil, fructose, dextrose, maltodextrin, salt, calcium carbonate, cinnamon, trisodium phosphate, vitamin c (sodium ascorbate), color (caramel, annatto extract), natural flavor, iron (ferrous fumarate), vitamin a palmitate, soy lecithin, niacinamide, vitamin b1 (thiamine mononitrate), vitamin b6 (pyridoxine hydrochloride), vitamin d (cholecalciferol), vitamin b2 (riboflavin), folic acid), coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), soy lecithin (soybean oil, soy lecithin)

Contains: wheat, soy, coconut, fish gelatin

Nutrition Facts

Serving Size: 1/2 cup (28g)

Amount Per	Servino	g		
Calories 1	50 C	al	ories from	Fat 45
			% Daily	y Value*
Total Fat	5g			8%
Saturat	ed Fa	t 4	.5g	23%
Trans F	at Og			
Cholester	ol On	ng		0%
Sodium 1	50mg]		.6%
Total Carl	ohy	dra	te 27g	9%
Dietary	Fiber	'S <	<1g	4%
Sugars	15g			
Protein 1	g			
Vitamin A	6%	•	Vitamin C	0%
Calcium	0%	•	Iron	4%

*Percent Daily Values (DV) are based on a 2,000

1/2 cup (28g)

4%

2%

Pecan Praline



Ingredients:

popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), sov lecithin (soybean oil, soy lecithin), sea salt

Contains: soy, coconut

Nutrition Facts Serving Size 1/2 cup (29g)

Amount Per Serving Calories

% Daily Value*
8%
18%
0%
7%
7g 10 %
3%
gars 26 %

Calcium 0mg 0% Iron 0.2mg 2% Potassium 0mg 0%

0%

Protein 1a

Vitamin D 0mcg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Rocky Road



Ingredients: sugar, chocolate coating (corn syrup solids, sugar, cocoa, soy lecithin, artificial flavor, sodium acid pyrophosphate), chocolate drizzle (sugar, cocoa, palm kernel oil, lecithin, salt, natural and artificial flavors), popcorn, water, marshmallows (corn syrup, sugar, dextrose, modified food starch (corn), water, kosher fish gelatin, natural and artificial flavor, tetrasodium pyrophosphate, fd&c blue #1), peanuts, dry roasted almonds (almonds, salt), coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color), natural and artificial flavor), nuts, pistachio nuts, dry roasted, with salt added, soy lecithin

Contains: peanuts, soy, almond, coconut

Nutrition Facts

Serving size

Calcium 10mg

Potassium 90mg

Iron 0.8mg

Amount Per Serving Calories	180
% [Daily Value*
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 20g	
Includes 19g Added Sugars	38%
Protein 2g	
Vitamin D 0mcg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Toasted Coconut



Ingredients: popinsanity caramel recipe (sugar, corn syrup solids, brown sugar, salt, caramel color, soy lecithin, natural flavor, <2% of calcium silicate, soybean oil to prevent caking), chocolate drizzle (sugar, cocoa, palm kernel oil, lecithin, salt, natural and artificial flavors), popcorn, water, coconut oil, seasoning (hydrogenated coconut oil, palm oil, hydrogenated cottonseed oil, beta carotene (color) (e160a), natural and artificial flavor), coconut, soy lecithin (soybean oil, soy lecithin), sea salt

Contains: soy, coconut

Nutrition Facts

Serving Size: 1/2 cup (28g)

Amount Per Serving Calories 160 Calories from Fat 50 % Daily Value* Total Fat 6g 9% Saturated Fat 5g

25% Trans Fat 0g Cholesterol Oma 0% Sodium 170mg 7% Total Carbohydrate 28g 9% Dietary Fibers 1g 4%

Sugars 15g Protein 1g

Calcium

Vitamin A 4% • Vitamin C

0%

2%

0% • Iron *Percent Daily Values (DV) are based on a 2,000